

HEALING OF THE NATIONS PRAYER BOOK

By

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DEDICATION

I dedicate this book to My Lord and King, Jesus Christ of Naza-reth who is the Lord who heals us and the Chief Physician (**Exodus 15:26**).

Thank you Lord for giving me Your burden for Nations and an answer of peace, that Nations will not be aligned to their destinies until they deal with their wounds so that they may be healed.

Lord remove the covering cast over your people and the veil that is spread over all Nations (**Isaiah 25:7**).

Open their eyes and their ears that they may understand with their hearts and turn, so that you may heal them (**Matthew 13:14-17**).



ACKNOWLEDGEMENTS

Iwould like to appreciate Luthando Daniels from House of Prayer East London, South Africa for encouraging me to write this book and for doing research for all the scriptures. May the Lord remember you for your labour of love.

A big thank you to Namhla Tetyana for her selfless service to the Lord and for sleepless nights editing all my writings and doing everything that is needed to finish each project.

I thank the Vuka Africa Team who believed in this vision of the Lord and has been working with me to take this message of Hope, Healing and Restoration. Your work and love for the Nations is what birthed this project.



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INTRODUCTION

Vuka Africa Foundation declares and heralds the message of HOPE, HEALING AND RESTORATION to Africa and to the Nations of the World. This message is brought in song, dance, word and print.

What you have in your hand is the printed version of the message. Read the message, study and meditate on the word of the Lord until you believe it and live it out. The word of the Lord is life and truth.

Jesus Christ our Lord is the way, the truth and the life (**John 4:6**). He is the word of God that became flesh (**John 1:1-18**). He came that we may have life, not just life but abundant life and not just abundant life but eternal life (**John 10:10; 3:16**). The word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart (**Hebrews 4:12**)

This is the very reason why the Lord sent His word; He knew that if we fill ourselves with the word, the word will bring life to our mortal bodies. He knew that we shall know the truth (the word of God is truth, **John 17:17**) and the knowledge of the truth shall set us free from the bondage, the torment and the oppression of the evil one (**John 8:32**).

When Joshua took over from Moses, the Lord told him not to allow the book of the law (the word) to depart from his sight, but to meditate on it day and night in order for him to be prosperous and to have



good success in his assignment (**Joshua 1:8,9**). The word of God gives strength, courage and brings prosperity and success to your life.

After meditating on the word you must do all that is written in it. James says do not be hearers of the word only, but be doers of the word (**James 1:22**).

Wisdom is the knowledge of the truth and the ability to apply the word you know in any given situation, therefore get wisdom and in your getting, get understanding. (**Proverbs 4:7**).

The Lord gave South Africans the gift of song and dance as a redemptive gift. The Lord gave us these gifts for a purpose; therefore we must seek to know the purpose of the gifts lest we abuse the gift and perish in our ignorance. These gifts are so abundant in our Nation that we turn to take them for granted and not use them to worship the giver of the gift and to bless Nations.

The gifts are a blessing from the Lord, the Lord blesses so that you may be a blessing to the many Nations (**Genesis 12:1-3**)

The calling upon Vuka Africa Foundation is to be a herald like John the Baptist and to release songs of healing and restoration to create awareness of the time we are living in as a people and as a Continent. No one can deny that a New Africa is rising, and that Africa has the fastest growing economies. This tells you that it is Africa's time; therefore Africa should arise and shine (**Isaiah 60:1-3**).



As we go we call Africa to arise, to lead and to build Her ruins and Her desolations, and not to miss Her time of visitation and blessing -

"And they shall rebuild the old ruins, They shall raise up the former desolations, And they shall repair the ruined cities, The desolations of many generations" (Isaiah 61:4).

Prophetically South Africa is the feet of Africa, destined to take Africa to Her divine prophetic destiny. She is called for the healing of the Nations as well ***(Revelations 22:2)***. Nations are waiting for South Africa to rise up and to fulfil Her God given purpose.

The Lord revealed to me that South Africa is wounded, She is bleeding, She is broken and is suffering severe pain because of Her past. She needs to be healed first before She can GO to bring healing to the Nations. The Lord also revealed that the people, He is sending us to, have been robbed and plundered. All of them are snared in holes, and they are hidden in prison houses; they are a prey, and no one delivers for plunder, and no one says "Restore!" ***(Isaiah 42:22)***. The Lord will restore the Nations as we go releasing prayer and songs of healing.

The Kingdom of God has come upon you; the will of God will be done in your life. The glory, restoration, healing and change has come to you.

"Sing, O barren, You who have not borne! Break forth into singing, and cry aloud...." (Isaiah 54:1)



WORD TREATMENT

Further Instructions on how to take the word treatment:

There are 100 scriptures in this book, take the 100 scriptures everyday for 100 days.

The book is a gift to you from the Lord, as you take the word treatment receive your healing.

Healing will come through prayer, worship and the word. As mentioned before, the book is a take home.

The Chief Physician has prescribed this treatment for our woundedness, brokenness, hurts, anger, sickness and diseases. The prescription is as follows:

Three pills a day:

- One tablet of Hope
- One tablet of Healing
- One tablet of Restoration

Take this treatment every day for 100 days without breaking.

Read the word aloud, pray and meditate on the word and ***ENSURE THAT YOU FINISH THE COURSE.***

The word of God shall heal and deliver you mentally, emotionally, spiritually and physically.

Psalms 107:20 - I sent my word and healed them and delivered them from their destruction.

3 John 1:2 - Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

Joshua 1:8 - This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

May you experience healing and restoration during this treatment.

NB: When you get healed, please share your testimony with us by sending us an email to info@vukaafoundation.co.za. Go present



Yourself to your Pastor and share with others as well according to the word of God in Luke 12:38, 39; and 17:14

Be sure to glorify our King Jesus Christ who has healed you.

Know for sure that the Kingdom of God has come upon you.
(Matthew 12:28)

VUKA AFRICA CD

The Lord released songs to the Vuka Africa foundation through Apostle Linda Gobodo, which then culminated into the release of the Vuka Africa CD. The songs contained in this CD are songs of hope, healing and restoration, and each song speaks into how the Lord will do this.

Track No 1: You Caused My Past

Genesis 41:50-57; 48:20 (read from verse 13-20 for more understanding): the key for this perpetual blessing is the meaning of the names of the sons of Joseph. Manasseh which means forgetfulness Ephraim meaning fruitfulness. The Lord will make you fruitful in the land of your affliction. Because of this blessing, ask the Lord to cause your past to be forgotten and your future to be fruitful.

Track No 2: Be Still and Know

Psalms 46 (read with Revelations 22:1-5; Ezekiel 47:1-12), which are the founding scriptures for the Healing the Nations Campaign. God has given South Africans the gift of song and dance as redemptive gifts because we are called for the healing of the Nations. We need to be healed first before we can take healing to the Nations that have been waiting for us for the longest time. “Be Still” is not a call for silent worship, it is the voice of God addressing the wicked one who deceives and blinds Nations, with a warning saying It is I God, who will be exalted in victory, you do not have a chance of winning. That makes this song one for warfare: IT IS A WARFARE SONG.

Track 3: If My People

2 Chronicles 20:10, 14 (read the whole chapter for more understanding.) The people of God are the only ones the Lord will listen to



when there are challenges in the Nations. When they repent God will listen to them and will heal the land, read above scripture with Psalm 85). This song is also a prayer to ask the Lord for revival. When revival comes, the glory of God will be revealed. When people see the glory of the Lord they will believe in Him and will follow Him.

Track 4: Stand Still

2 Chronicles 20:14-17 (read the whole chapter). When Jehoshaphat was facing war against three Nations he fasted and prayed to God and the whole Nation with him. The Lord answered their prayer and told them they will not fight for this battle is the Lords who is present with them. Jehoshaphat put the singers in front to go to war and as they worshiped the Lord destroyed their enemies and gave them the spoils. This confirms the power of true worship: it unlocks wealth and brings healing. This is another war song. The war is on and the war is the war of God's presence and the war of the revelation of God's glory. The enemy does not want people to see God's presence and His glory because He knows that He will lose them and they will follow the Lord.

Track 5: Be Ready

Revelation 19:11-16. This is a song of declaration of the second coming of the Lord. Nations must be ready because the Lord is coming to judge the world.

Track 6: Send Rain

Job 38:9, 26, and 34; (read the whole chapter and know who God is). He created all things; therefore we should worship the God. We know such worship will cause the Lord to come and dwell with us and to establish His throne here on earth. Other scriptures: 1 Kings



18:1, 44, 45; Ecclesiastes 11:3; Zechariah 10:1. This song is a prayer for revival.

Track 7: All the Host of Heaven

Revelation 4, 5; these two chapters reveal to us the worship that goes on in heaven day and night. They are scriptures of worship. The Lord sits on His throne and is worshiped day and night. David understood this; hence He established a tabernacle and appointed worshippers to worship the Lord so that His presence remains with them (called the tabernacle of David see 1 Chronicles 16).

Track 8: The Lord will Restore

Jeremiah 29:10-14; 33:6-14 (read Jeremiah 31-33); Ezekiel 34:23-31; 36. This is a promise of restoration from the Lord. There is a condition to it though, if you seek the Lord with all your heart He will visit you and will reveal your destiny or the destiny of your Nation. When He comes He will restore you.

Track 9&10: Africa Arise and Lead

Isaiah 60: The Lord told me to release the word over Nation and the song is the Vuka Africa theme song on which the vision is based. The founding Scriptures of Vuka Africa are the following: **Isaiah 49:8, 9; 58:12; 60; 61:4; Amos 5:21 24; 9:14; Nehemiah 2:17-20.**

The people the Lord is sending the foundation to, have been oppressed for so long such that even though they are liberated now they don't believe their circumstance will ever change. He is sending us to declare and to herald that He will restore them. So we are crying out to the Lord restore, restore - **Isaiah 42:22.**



The Lord also said we must also sing the hymns from the Methodist Hymn book because though the songs were written in the 1800s they were inspired by the Holy Spirit and they have been used for public worship ever since irrespective of denomination.

The songs He gave us are revealing the power of the word of God - Hymn no 114 & 118 and No 116 which was specifically written by Tiyo Soga as a prayer, asking God to remember His covenant.

“Nkosi Sikelela iAfrika” was composed by Enoch Sontonga in 1897 as a prayer to God to bless Africa and to pour down His spirit. The song became the anthem of the oppressed in South Africa. Though we were separated from the rest of the Continent the Lord made us to pray for Africa because He has called us to take the Continent to Her destiny. Now is the time for South Africa to fulfil Her divine prophetic destiny. This prayer became an anthem of a few Nations in Africa.

After 1994 the New South Africa took parts of this song in new national Anthem and left out the part that invites the Holy Spirit to come. The Lord told us to sing the original ‘Nkosi Sikelela iAfrika’ as a Prayer for Africa saying, He has not changed His mind regarding SA’s call to pray for Afrika through the words of this song.

DAILY SCRIPTURES



THE DAILY SCRIPTURES

Day 1

Hope: Hosea 2:15

Healing: Malachi 4:2

Restoration: Ezekiel 36:25-28

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Day 2

Hope: Psalm 126:1-3

Healing: Luke 10: 8, 9

Restoration: Job 42: 10

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Day 3

Hope: Lamentations 3: 26

Healing: Isaiah 41: 10

Restoration: Ruth 4: 15

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Day 4

Hope: Romans 12: 12

Healing: Jeremiah 17:14

Restoration: John 14: 13, 14

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Day 5

Hope: Romans 15:13

Healing: Jeremiah 33:6

Restoration: James 5:16

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Day 6

Hope: Jeremiah 29:11

Healing: 1 Peter 2:24

Restoration: Hosea 6:1

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Day 7

Hope: Romans 5:2-5

Healing: Isaiah 53:5

Restoration: Psalm 51:11

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Day 8

Hope: Deuteronomy 31:6

Healing: James 5:15

Restoration: Romans 15:13

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Day 9

Hope: Isaiah 40:31

Healing: Psalm 103:2-4

Restoration: John 10:10

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Day 10

Hope: Isaiah 41:10

Healing: James 5:14

Restoration: Jeremiah 32:27

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Day 11

Hope: Psalm 39:7

Healing: James 5:16

Restoration: Psalm 71:20-21

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Day 12

Hope: Mark 9:23

Healing: 3 John 1:2

Restoration: Jeremiah 30:1-24

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Day 13

Hope: Romans 8:24

Healing: Psalm 41:3

Restoration: Jeremiah 30:17

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Day 14

Hope: 1 Corinthians 13:13

Healing: Psalm 147:3

Restoration: Joel 2:25-26

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Day 15

Hope: Proverbs 23:18

Healing: Matthew 10:1

Restoration: Psalm 51:12

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Day 16

Hope: Romans 8:25

Healing: Proverbs 17:22

Restoration: Isaiah 61:7

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Day 17

Hope: Jeremiah 17:7

Healing: Matthew 10:8

Restoration: Acts 3:19-21

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Day 18

Hope: Proverbs 10:28

Healing: Deuteronomy 7:15

Restoration: Job 42:10

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Day 19

Hope: Psalm 71:14

Healing: Philippians 4:19

Restoration: 1 John 5:4

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Day 20

Hope: Proverbs 13:12

Healing: Acts 4:30

Restoration: Mark 11:24

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Day 21

Hope: Hebrews 11:1

Healing: Isaiah 54:17

Restoration: Revelations 21:1-5

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Day 22

Hope: 1 Peter 3:15

Healing: Proverbs 4:20-22

Restoration: 1 Peter 5:10

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Day 23

Hope: Hebrews 6:19

Healing: Philippians 4:6-7

Restoration: Zechariah 9:12

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Day 24

Hope: Job 14:7-9

Healing: Psalm 103:2-3

Restoration: Isaiah 42:1-25

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Day 25

Hope: Romans 8:24-25

Healing: Hebrews 11: 6

Restoration: Jeremiah 29:11

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Day 26

Hope: Psalm 71:5

Healing: Romans 5: 3-4

Restoration: John 14:1

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Day 27

Hope: Psalm 43:5

Healing: Jeremiah 30: 17

Restoration: Galatians 6:1

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Day 28

Hope: Luke 1:37

Healing: Proverbs 3:5-8

Restoration: Matthew 6:33

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Day 29

Hope: Romans 5: 4

Healing: Psalm 6:2

Restoration: Joel 2:22-26

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Day 30

Hope: Psalm 37:3-7

Healing: Proverbs 16: 24

Restoration: 2 Corinthians 5:17

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Day 31

Hope: 2 Corinthians 3:12

Healing: James 4:7

Restoration: Psalm 23:1-6

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Day 32

Hope: Psalm 31: 24

Healing: Isaiah 57:18

Restoration: Joshua 1:9

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Day 33

Hope: Lamentations 3:24

Healing: Numbers 12:13

Restoration: Isaiah 40:31

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Day 34

Hope: Psalm 33:18

Healing: Matthew 11:28

Restoration: Psalm 103: 1-5

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Day 35

Hope: Romans 5:1-21

Healing: 2 Corinthians 12:9

Restoration: Psalm 51: 7

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Day 36

Hope: Zechariah 9:12

Healing: Isaiah 57:18-19

Restoration: John 5:24

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Day 37

Hope: Psalm 130:7

Healing: Hebrews 13:8

Restoration: Jeremiah 29: 11 -14

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Day 38

Hope: Psalm 9:18

Healing: Luke 4:18

Restoration: Matthew 18: 19

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Day 39

Hope: 1 John 3:3

Healing: 1 Samuel 12:16

Restoration: Psalm 51: 1-19

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Day 40

Hope: Psalm 38:15

Healing: 2 Corinthians 5:7

Restoration: Ezekiel 37:1-10

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Day 41

Hope: 2 Corinthians 4:18

Healing: Luke 10:9

Restoration: Jeremiah 17:14

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Day 42

Hope: Psalm 33:22

Healing: Hebrews 11:1

Restoration: Deuteronomy 30:1-10

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Day 43

Hope: 1 John 4:18

Healing: *John 10:10*

Restoration: Matthew 11:28

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Day 44

Hope: 2 Timothy 1:7

Healing: Psalm 41:4

Restoration: Proverbs 6:30-31

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Day 45

Hope: Romans 15:4

Healing: Psalm 103:2-5

Restoration: Luke 4:18

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Day 46

Hope: Acts 24:15

Healing: Matthew 4:23

Restoration: Acts 3:21

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Day 47

Hope: Psalm 23:1-6

Healing: Psalm 119:50

Restoration: Luke 16:19-31

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Day 48

Hope: 1 Peter 1:13

Healing: Luke 13:12

Restoration: Psalm 23:3

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Day 49

Hope: Mark 5:36

Healing: Romans 12:1-2

Restoration: Acts 2:38

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Day 50

Hope: Psalm 119:114

Healing: 1 Peter 2:21-24

Restoration: John 3:16

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Day 51

Hope: Romans 5:3-5

Healing: Matthew 17:20

Restoration: Isaiah 2:1-22

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Day 52

Hope: 1 Peter 1:3

Healing: Matthew 12:13

Restoration: 2 Chronicles 7:14

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Day 53

Hope: Psalm 119:116

Healing: John 14:27

Restoration: Ruth 4:15

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Day 54

Hope: Psalm 119:81

Healing: 2 Corinthians 4:16-18

Restoration: Proverbs 3:5-6

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Day 55

Hope: Titus 2:13

Healing: Psalm 107:20

Restoration: Luke 19:1-10

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Day 56

Hope: Proverbs 24:14

Healing: Deuteronomy 32:39

Restoration: Jeremiah 24:7

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Day 57

Hope: Hebrews 6:18-19

Healing: Isaiah 52:1-12

Restoration: Isaiah 49:13-23

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Day 58

Hope: Titus 1:2

Healing: Numbers 6:25-27

Restoration: Mark 8:25

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Day 59

Hope: 1 Thessalonians 5:8

Healing: Isaiah 55:10-11

Restoration: Matthew 24:36

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Day 60

Hope: Galatians 5:5

Healing: Luke 8:48

Restoration: Psalm 121:1-8

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Day 61

Hope: Ephesians 1:18

Healing: Psalm 31:9

Restoration: Revelation 3:20

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Day 62

Hope: Matthew 6:33

Healing: Exodus 15:26

Restoration: Titus 2:11

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Day 63

Hope: Psalm 146:5

Healing: 2 Corinthians 1:3

Restoration: Psalm 40:1-17

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Day 64

Hope: Psalm 27:13

Healing: Acts 10:38

Restoration: John 10:27

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Day 65

Hope: Titus 3:7

Healing: Luke 13:13

Restoration: Job 42:1-17

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Day 66

Hope: John 14:1

Healing: Mark 1:30-31

Restoration: Isaiah 61:3-11

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Day 67

Hope: 1 Corinthians 15:19

Healing: Psalm 41:1-3

Restoration: Isaiah 60:10-22

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Day 68

Hope: Lamentations 3:21

Healing: Psalm 35:27

Restoration: Psalm 145:14

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Day 69

Hope: Psalm 119:49

Healing: Psalm 34:6

Restoration: Psalm 66:12

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Day 70

Hope: Hebrews 6:18

Healing: Matthew 13:15

Restoration: Deuteronomy 6:4-9

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Day 71

Hope: Romans 5:5

Healing: Ecclesiastes 3:1-3

Restoration: 2 Kings 8:2-6

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Day 72

Hope: Job 8:13

Healing: Job 5:17-18

Restoration: 1 Corinthians 15:22

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Day 73

Hope: Romans 4:18

Healing: 2 Chronicles 7:14

Restoration: Joel 2:21-25

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Day 74

Hope: Hebrews 6:11

Healing: Romans 12:2

Restoration: Psalm 71:20

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Day 75

Hope: Jeremiah 17:17

Healing: Psalm 119:107

Restoration: 2 Kings 8:6

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Day 76

Hope: Psalm 119:74

Healing: James 5:11

Restoration: Ephesians 5:14

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Day 77

Hope: 1 Timothy 4:9-10

Healing: Psalm 119:143-144

Restoration: Ecclesiastes 9:10

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Day 78

Hope: Colossians 1:5

Healing: Psalm 119:71

Restoration: Ezekiel 34:16

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Day 79

Hope: 1 Peter 1:21

Healing: Isaiah 57:19

Restoration: Acts 3:23

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Day 80

Hope: 2 Thessalonians 2:16

Healing: Matthew 9:27

Restoration: Luke 7:15

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Day 81

Hope: Psalm 119:166

Healing: Psalm 103:

Restoration: Malachi 2:16

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Day 82

Hope: Hebrews 3:6

Healing: 1 Corinthians 12:9

Restoration: 1 Samuel 30:18-19

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Day 83

Hope: Psalm 16:9

Healing: Acts 28:27

Restoration: 2 Corinthians 5:18

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Day 84

Hope: 1 Thessalonians 1: 3

Healing: Acts 9:34

Restoration: Acts 24:15

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Day 85

Hope: Ephesians 2:12

Healing: Luke 10:19-20

Restoration: Matthew 10:28

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Day 86

Hope: Acts 4:13

Healing: Luke 7:7

Restoration: 2 Kings 8:1-6

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Day 87

Hope: Isaiah 42:4

Healing: Psalm 119:94-95

Restoration: 1 Kings 8:33-51

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Day 88

Hope: Colossians 1: 23

Healing: Luke 14:4

Restoration: 1 Corinthians 7:10-11

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Day 89

Hope: Philippians 1:20

Healing: Luke 5:17

Restoration: Romans 8:28

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Day 90

Hope: Ephesians 4:4

Healing: Job 5:26

Restoration: John 4:24

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Day 91

Hope: Joel 3:16

Healing: Isaiah 19:22

Restoration: Ecclesiastes 9:5

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Day 92

Hope: Acts 24:14

Healing: John 4:47

Restoration: Psalm 16:10

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Day 93

Hope: Psalm 78:5-7

Healing: Psalm 119:92-93

Restoration: Job 10:4

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Day 94

Hope: 1 Timothy 1:1

Healing: Psalm 107: 41

Restoration: Hebrews 1:1-4

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Day 95

Hope: Acts 23:6

Healing: Psalm 34:20

Restoration: John 5:29

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Day 96

Hope: Proverbs 14:32

Healing: John 12:40

Restoration: Genesis 6:3

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Day 97

Hope: Psalm 32:1-11

Healing: Matthew 28:1-20

Restoration: Era 3:1-8:36

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Day 98

Hope: Psalm 94:18-19

Healing: Matthew 13:58

Restoration: 1 Samuel 8:1-20

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Day 99

Hope: Colossians 1:27

Healing: Psalm 6:3-4

Restoration: Job 14:13

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Day 100

Hope: Ephesians 6:17

Healing: Luke 7:13

Restoration: Joshua 9:1-27

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ABOUT THE AUTHOR



LINDA GOBODO

Linda Gobodo founded His Church Kingdom Ministries in 1997 in Sandton, Johannesburg, South Africa and pastored the church for 10 years. While pastoring the Church, she received a burden for Africa and founded the Vuka Africa Foundation in 2001.

Vuka Africa (meaning Arise Africa), leads a campaign calling Africans in Africa and the Diaspora to arise and take responsibility to re-build their continent. The key is to receive the message and for everyone to bring their gifts, skills, capabilities, networks and experience to rebuild and restore the land of their forefathers. At the end of 10 years of pastoring, the Lord called Linda to establish Houses of Prayer. To establish worship and discipleship in these Houses of Prayer, in every nation she travels to. Since then, she has been teaching and preaching the Gospel of the Kingdom, declaring the message of restoration and lighting fires of revival in nations around the world. The main focus of this ministry is to call nations to pray and enter into their divine prophetic destinies.

Linda Gobodo's passion is to raise and equip leaders in their areas of calling and gifting through discipleship and to release them to function in the different domains. She has a particular grace for



raising Kingdom marketplace disciples to bring Kingdom principles, to dominate their territories and ensure the rule of the Lord Jesus Christ over all the seven mountains (sectors of society) and nations.

As part of the South African Committee of the Pastors and Ministers Prayer Network-Africa, she co-ordinates prayer schools for the network and is part of the teaching team, teaching on strategic prayer, spiritual warfare and Kingdom Leadership. She is also one of the founders of the South African Prayer Movement for Change, a body of prayer warriors and intercessors for South Africa and the nations of Africa. She serves on the board of Cornerstone Institute, a private university established to raise leaders in this season. Linda Gobodo is an author, song writer and international conference speaker with an apostolic grace upon her life. She is also the Founder and President of Linda Gobodo Leadership Institute and a group of companies and is a sought after international speaker.

Linda Gobodo currently lives in Johannesburg South Africa with her three children and her seven grandchildren



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